



2022

Greetings from Kris Hertsgaard Kincaid, 2022-2023 Intern

Hello! I am excited for the opportunity to introduce myself as your Pastoral Intern and to start ministry at First Evangelical on September 1, 2022. I am humbled and enthused to have this opportunity to intern here. As a long-time resident of Kenyon, I have met many of you and look forward to meeting those of you I do not yet know.

As your intern, I am returning to our family's home congregation of many years. Prior to 2015, our family attended First, and our daughters were confirmed here. In 2015, I accepted a call to First English Lutheran Church in Cannon Falls MN where I serve as Director of Children, Youth, and Family Ministry. My last day in this position is August 28. Working in faith formation nurtured my lifelong call to ministry, and in 2018 I started coursework at Luther Seminary. Over the last several years, I have acknowledged God's hopes for me, and each of us, are bigger than we can imagine; and as a second careerist, I embrace how God calls all ages.

My family includes my husband, Rich; daughters Kelsey and Kyla; and Kyla's husband, Tayler James. Rich teaches high school life science courses at Kenyon-Wanamingo Schools. Our girls are grown and flown. Kelsey is a registered dietitian working as a pediatric dietitian at Sanford Hospital in West Fargo, ND. Kyla is a registered nurse and employed in a special-care nursery at Northwestern Delnor Hospital in Geneva, IL. She and her husband Taylor live in DeKalb IL, where he is a graduate assistant in the football program at Northwestern Illinois University. We are learning to cheer for the NIU Huskies.

During my internship year, I look forward to broadening my skills in the areas of preaching, church leadership, pastoral care, and other areas as best serves First. For seven years my focus has been on children, youth, and family ministry, and I look forward to continuing to serve these ages, too.

I have been told an internship helps shape a person's pastoral identity. In Isaiah 43:19 we read, *"See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland."* I look forward to doing new things with the people of God of First as we wonder and lean into God's mission for this church at this particular time.

Peace be with you,  
Kris Hertsgaard Kincaid



# Bread of Life

John 6:35 – *Jesus said: I am the bread of life. He who comes to me will never go hungry, and he who believes in me will never be thirsty.*

**The people are hungry for the bread of Life!**

A Pastor friend of mine made me a painting that also is home to a piece of sheet music, cut out words and buttons. The words on the music speak this way:

**Feed Thy children, God most holy, Comfort sinners poor and lowly.  
O Thou Bread of Life from heaven, Bless the food Thou here hast given!  
As these gifts the body nourish, May our souls in graces flourish.  
Till with saints in heavenly splendor, At Thy feast due thanks we render. Amen.**

How is God nourishing your soul these days? What spiritual practice would you like to add in this month of August? I hope it includes worshiping God regularly and lifting your loved ones in prayer, especially for those that are hungry for the bread of life! Jesus!

*Pastor Julie*



**A COLLABORATIVE GROUP** of pastors and lay leaders have been gathering asking these sorts of questions:

1. Instead of isolated islands, what can we do together?
2. How can we share ministries while keeping our identities?
3. How can we proclaim, ‘This is who Jesus is!’ and respond to our call to serve?
4. How do we share in ministry more? Share the joys and challenges of life...together?
5. How might we function as ‘one parish’?

We asked a lot of *What If* and *Wondering* questions. A few outcomes...

**<sup>1</sup> Collaborative Worship on Sunday, September 18<sup>th</sup> at Holden Park beginning at 10:30 with Bishop Regina preaching.** Having a meal provided for all followed by God’s Work Our Hands activities. Collecting Hygiene supplies to put inside water bottles, school supplies, Sole Hope – cutting denim, Cards for shut-in’s/homebound. offering to go Kenyon Food Shelf. More details to come.

**<sup>2</sup> Another outcome** we are considering – collaborative youth events rotate hosting by local churches, Unified Confirmation, Kenyon Senior Living Bible Study, Area bible studies location – neutral and with food.



## **First Lutheran Friendly Visitors**

It is time to reignite our First Lutheran Friendly Visitors program. Pastor Julie is looking for friendly members to assist in visiting one or two of our many folks who would love to be visited and receive communion at least every other month. Please let Pastor Julie know if you are interested (snowbirds are welcome)! There will be a training in September. Thank you for considering being part of this important ministry.



**\*JULY COUNCIL MINUTES WERE NOT AVAILABLE FOR PRINTING\***

## **AUGUST MESSAGE FROM AL AAKRE**

As we enter the month of August, my internship begins its final days. Although a month of activities remain, I have begun the daunting process of cleaning out my office—the accumulation seems like more than a single year’s doing. As I was sifting, sorting, and throwing, I thought of the Hebrews as they entered the long-awaited promised land and what they decided to bring with them. This is not to say that this internship is an inhospitable wilderness! Rather that people on the move are mindful in their packing. Only Joshua and Caleb made the entire journey from Egypt to Canaan, the rest of the formerly enslaved Hebrews died in the wilderness. Those that entered, were led across the Jordan by the Ark of the Covenant, in which they carried their most revered relics: Aaron’s staff, a jar of manna, and the tablets inscribed with the Ten Commandments. Joseph’s bones also made the trip from Egypt to Canaan but they had to ride separately. God’s people have always carried mementos of their faith—signs of our commitment to each other and His deliverance of us from our moments of trial. Many of our ancestors packed a single trunk before making the long journey to the United States. A space which, although small, nearly always contained the Bible, devotional, and hymnbook—the mainstays of their practiced faith. The Vesterheim Museum in Decorah, Iowa has a baptismal bowl that an immigrant brought with them from their childhood church in Norway—some are more zealous about their baptismal covenant than others. What would you pack in a trunk? How would you express your faith in a new place and with new people? Would they mean something else to you if they were all you could take? We often don’t think about the essentials until we are faced with abandoning them even though they provide strength and guidance each day, not just the hardest.

Yet above material objects are the immaterial ones that we are called to carry just as dearly. Christ sent the Seventy out with nothing more than the clothes on their back, a trust in Him, and a peace they were to share with all. Certainly, the Hebrews and Norwegians made their crossing with the same trust in God—it is this that gives the objects and actions of our faith meaning. Although I doubt many of you are planning to immigrate any time soon, you will certainly travel and journey beyond our stretch of the prairie. The hope is that when you do, you bring with you a trust in God and His peace which passes all understanding.

The internship has been an enjoyable and enlightening experience. I will continue to pray for each of your congregations both in the coming weeks and the many that will follow after that. God guided me here and now God is guiding me elsewhere.

AS A REMINDER, I WILL BE LEADING

**A forum on Prayer and Prayer Practices on  
August 9 at Trinity Lutheran in West Concord,  
and  
August 11 at First Lutheran in Kenyon  
7 pm for both.**

# WORD SEARCH PUZZLE

## Butterfly

Q F V I M U  
H X R A B D E P O Q V H  
K E E F Q B K A F L U T T E R H  
C O D M W E N T I E D H G L N A L S  
H Q N Y Z N A W E P H M B Y X D I D L E N G T  
E R N Z E M Z V A U U E G O M A A Z X A Q D J P S N P A N  
D V Y T E A Z Z F P O T W V N V K B F C E W A S U V W Z A  
F J N N E C T A R A K B A N D H N F S U G U M T V E C Q N P L  
V A U V R Z N D L S Q E S M D H N X N G U B W V P D R M C Z L M P  
V J N D K V H A S Q M E O S E N E S P H Y L F R E T T U B M L F G  
A M N R T F R J I N L X H M X L R C A H X K S Y E O S T C K J W G  
Q G P J R V E O R Y Z S C B Z M F L O W E R S G L E U W P F W J S  
N Z S M A J N W P T F O H W T T D J D G F H T O M L Q N T M W L H  
G Y Y J U D K O S O B R W Q X L A N N U H S H K Q W U G L E C  
W I E C S M Z B P Y F L U X E F H C H F A Z Z X U H J G  
U Z R I L X K S D H Q D L N S E L L F D A M M G  
Q P W A J W Z F A O Y R Y Y M N F V W W S T O A Z X  
N V X C L P F Y C L X A S J G O R B G R G U Z K M Z Y T  
X F U F L L J I N I G B Y B R N T I A N X W M H B U I B  
W V Z N K I Y W X W S Z B V Z S A Q I I I E I P W O K P P R  
X Z Y N T P U R T E O U Q D O C R F W L E L K X P Q I Q U W  
B B E S N R A G Q L Y D Z E T M C T W B K P K G Y D N J V C  
T Z G O A B E L F G K U T Y B V L H K H W Q F R D R L W C G N O  
I O G L O L T B O G Q M D X N P S G O E S T R A W H F T F N X L  
N K B Q J B A F X C T A R K Z P E E G F C I P D T G M L  
U A N O A C L G W D S D C Y M V J L A F  
T B R X I M L U P V

ADULT  
ANTENNA  
BUTTERFLY  
CATERPILLAR  
CHRYSLIS  
EGGS  
FLOWERS  
FLUTTER

FLY  
GARDEN  
LARVA  
MILKWEED  
MONARCH  
MOTH  
NECTAR  
PLANTS

PUPA  
STRAW  
WINGS



2022

	1	2	3 11 am Library Rdrs 6 Wed Outdoor Worship	4 7 AA 7 Stewardship	5	6
SEASON: After Pentecost.						
7 9 Worship 2-4 Mini Bible Camp PreK-Gr.6 7 AA	8 Missionary Visit... Bencke's / Japan	9 7 Collaborative Meeting - Dennison	10 11 am Library Rdrs 6 Wed Outdoor Worship	11 1 LOVE DAY 5:30 Worship/Evang 7 AA 7 Al Aakre Prayer Forum — fellowship hall	12	13
14 9 Worship 7 AA	15	16	17 11 am Library Rdrs 6 Wed Outdoor Worship 6:45 Council	18 4-7 Farmers Market-Outside 7 AA	19	20 Rose Fest Weekend
21 9 Worship 7 AA	22 Missionary Visit... Deal / Central Amer	23 6 KAIC	24 11 am Library Rdrs 6 Wed Outdoor Worship	25 1 LOVE DAY 7 AA	26	27
28 9 Worship Al Aakre-last Sun. 7 AA	29	30	31 11 am Library Rdrs 6 Wed Outdoor Worship			

**\*\* MESSAGE FROM THE CHURCH COUNCIL \*\***

**Thank you always for your generosity. Unfortunately, our giving is down this year. Will you prayerfully consider helping First Lutheran meet our financial needs and responsibilities?**

**With Gratitude – First Lutheran Church Council**

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# *August*

## **Newsletter**



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*AUGUST IS LIKE THE  
SUNDAY OF SUMMER*  
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